



# BUILD A WINTER SALAD



## GREENS

- |                                  |   |
|----------------------------------|---|
| <input type="checkbox"/> Arugula | <input type="checkbox"/> Brussels sprouts |
| <input type="checkbox"/> Kale    | <input type="checkbox"/> Red leaf lettuce |
| <input type="checkbox"/> Spinach | <input type="checkbox"/> Romaine          |

## VEGETABLES

- |   |                                   |
|---|-----------------------------------|
| <input type="checkbox"/> Carrots        | <input type="checkbox"/> Beets    |
| <input type="checkbox"/> Red onion      | <input type="checkbox"/> Radishes |
| <input type="checkbox"/> Sweet potatoes | <input type="checkbox"/> Garlic   |

## FRUITS

- |  |  |
|--|--|
| <input type="checkbox"/> Oranges           | <input type="checkbox"/> Pears         |
| <input type="checkbox"/> Cherries          | <input type="checkbox"/> Apples        |
| <input type="checkbox"/> Dried cranberries | <input type="checkbox"/> Winter squash |

## PROTEINS

- |  |                                 |
|--|---------------------------------|
| <input type="checkbox"/> Chicken           | <input type="checkbox"/> Pork   |
| <input type="checkbox"/> Roasted chickpeas | <input type="checkbox"/> Bacon  |
| <input type="checkbox"/> Ham               | <input type="checkbox"/> Turkey |

## GRAINS AND NUTS

- |  |                                  |
|--|----------------------------------|
| <input type="checkbox"/> Quinoa          | <input type="checkbox"/> Pecans  |
| <input type="checkbox"/> Rice            | <input type="checkbox"/> Walnuts |
| <input type="checkbox"/> Toasted almonds | <input type="checkbox"/> Cashews |

## EXTRAS

- |  |                                      |
|--|--------------------------------------|
| <input type="checkbox"/> Cinnamon        | <input type="checkbox"/> Brie cheese |
| <input type="checkbox"/> Fennel          | <input type="checkbox"/> Feta cheese |
| <input type="checkbox"/> Parmesan cheese | <input type="checkbox"/> Goat Cheese |

## DRESSINGS

- That's Mine Organic Cherry Balsamic Vinaigrette
- That's Mine Organic Lemon Lime Dressing
- That's Mine Organic Italian Dressing